

Table S1.**Descriptive statistics Cohens' d statistics comparing Nova Scotia and Québec**

	Group	N	Mean	Median	SD	d
Socially prescribed perfectionism	Nova Scotia	2482	3.31	3.10	1.62	
	Quebec	1767	3.09	3.00	1.66	0.13
Perfectionism cognitions	Nova Scotia	2483	1.89	2.00	1.20	
	Quebec	1767	1.89	2.00	1.20	0.00
Nondisplay of imperfection	Nova Scotia	2484	3.83	4.00	1.92	
	Quebec	1767	3.34	3.00	1.93	0.25
Social anxiety	Nova Scotia	2484	1.37	1.29	1.06	
	Quebec	1767	1.33	1.29	1.09	0.04
Depressed affect	Nova Scotia	2480	1.73	1.33	1.01	
	Quebec	1766	1.77	1.33	1.03	-0.04

Note. Means and SDs used averaged total scores on the long format dataset (i.e., each row is one participant's day of data). Table produced using jamovi software.